Supplementary Table S5. Tolerance and Variance Inflation Factor (VIF) values for daily behavioral variables selected by LASSO regression.

Daily behavioral variables selected by LASSO regression	**Tolerance**	**VIF**
Sleep quality	0.963	1.038
Physical exercise—planned and implemented	0.515	1.943
Average of self-evaluation scores	0.984	1.016
Average daily number of planned tasks	0.361	2.773
Completion rate of planned tasks	0.554	1.804